

Rehabilitation for citizens with acquired brain injury

Differentiated coordination of rehabilitation and development initiatives across of target-groups and administrations in the municipality of Horsens has proved to be both effective and meaningful for the citizens. Municipality of Horsens has good experiences with establishment of the Brain Injury team, Development council and transversal neurorehabilitation plan.

Purpose of the initiatives

The purpose is that citizens with acquired brain injury experience focused and coherent processes, regardless of which efforts and when in the process.

Target group

Citizens of all ages with acquired brain injury.

Content

'Municipality of Horsens has established two brain injury teams, one for children and youths under 18 years old, and one for adults from 18 years old and beyond. Brain injury team (adults) was established in 2013, and experiences from there were considered at the creation of the children brain injury team in 2015. Additionally, in 2015 a joint Development council for acquired brain injury is established.

Both brain injury teams have the purpose to ensure competent coordination of the rehabilitation efforts on relevant level, with inclusion of the right competences at appropriate time through the whole process, regardless of management and legislation. Particularly in connection with sector transitions, the brain injury team has a special responsibility to obtain relevant information and this made available to all relevant parties, and to involve relevant parties in the cooperation, if possible already before the citizen is discharged from the hospital.

The brain injury team also handles sparring for all the municipality's professionals in the rehabilitation programs and in the lasting efforts, both in relation to the individual citizen's process and in regards to internal and external coordination for the overall audience.

Development council for acquired brain injury has the purpose to contribute to the interdisciplinary development and coordination of the area, among other things through exchange of knowledge about new initiatives, methods, experiences and results. The development council consists of specialists and managers within the brain injury field in municipality of Horsens, the council meets two times annually. The following development track has been in focus since its establishment: implementation of Executive Order in Rehabilitation Plans, relatives cooperation, network groups for affected, specialised rehabilitation, offers to youths with acquired brain injury, transversal neuro rehabilitation plan.

Transversal neuro rehabilitation plan is developed across of Health and Social management, between the brain injury coordinators and the rehabilitation. The purpose with the neuro rehabilitation plan is:

That all involved specialists:

- Know the citizen's overall goal and the long-term plans, and works towards this
- Know which initiatives are currently underway – and know which specialists, who are connected for the purpose of optimal interdisciplinary and comprehensive cooperation
- Knows and work in accordance with the agree upon neuro pedagogical strategies

Effect

Currently we have the below experiences:

The two brain injury teams:

- The citizens get the right offer at the appropriate time and the joint effort makes sense for the citizens.
- The offers can be better and faster coordinated and adapted to the wishes and needs of the citizens (parents)
- The brain injury teams' knowledge about various efforts of the municipality means better coordination and greater respect for each other's professionalism and offers

Development council for acquired brain injury

- Brain injury rehabilitation has great attention across of the areas of action of the municipalities, which strengthens the joint task

Transversal neurorehabilitation plan:

- The plan supports a coherent course, where the goal of the citizens is governing the shared effort.
- Development of shared neuro pedagogical strategies strengthens quality and gives common direction in the citizens' process.

Organising

Brain injury team (adults) consist of two brain injury coordinators from the municipality, representatives from authority department and rehabilitation, the team meets once weekly. Additionally, once a month neuropsychologist, speech therapist and representatives from jobcentre and from the special education participate. Once in each quarter the managers participate for the purpose of follow-up and decisions across of the areas.

Brain injury team (children) consists of brain injury coordinator from the department of family, child therapist from transversal unit for Learning, Occupational therapist and physio therapist for children from the rehabilitation and the managers from these areas, Psychologist from transversal unit for learning and neuropsychologist participate to exactly this. The brain injury team meets twice a year due to the small target-group as well as ad hoc when new inquiries arrive.

Financing

Within the existing framework

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