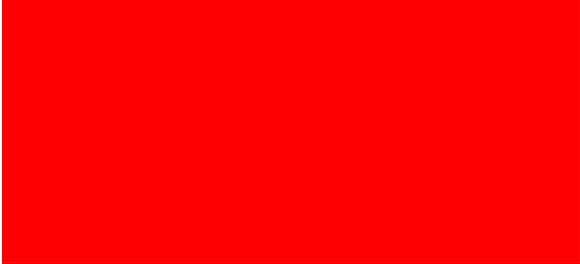


**Children and youths with acquired brain injury**  
Pamphlet for parents, children & youths



Center for Brain Injury



## **Rehabilitation of children and youths with acquired brain injury**

When a child or a young person gets brain injury, the everyday life of the family is affected. It is often not only the child and the immediate family, who needs help, but also for example the child's grandparents, friends and school teachers.

The need for help and rehabilitation can be present immediately after a hospitalization. It can also occur several years after the injury, when the requirements for the child change over time.

Rehabilitation can for example consist of learning lost skills or compensating strategies.

The center for brain injury offers the family center, interdisciplinary rehabilitation on a neuropsychological basis with emphasis on coordination and communication,

## **The Family Center**

The child and the family are central. Focus on their need for help. Both parents and professionals participate in the decision-making around the rehabilitation initiative. The different initiatives take place as far as possible in the child's own local environment, i.e. in the home, in the institution or in the school. It makes it easier for the child to integrate the learned into everyday life, The intervention is regularly evaluated between parents, the child and the professionals.

## **Interdisciplinary**

The staff consists of highly-educated specialists, who cooperate across vocational groups (neuro psychologist, physio therapist, occupational therapist, audiologist, children case coordinator, family therapist, social worker, teacher and secretary).

On consultancy basis is paediatrician and psychiatrists associated. The interdisciplinary team holds, where the effort is reconciled and adjusted.



## **Neuro psychological**

Neuropsychology is the doctrine of coherence between brain and behaviour, thinking and feelings. Rehabilitation on a neuropsychological basis involves psychologist adding knowledge about the child's functional level from a developmental psychological perspective as well as scope and location of the brain injury.

## **Coordination and communication**

It requires a coordinated initiative to get a well-functioning rehabilitation course. Thus, interdisciplinary cases are attached to a coordinator. This coordinator helps with optimising communication and information exchange between all parties. In this way, the family is provided with resources.

Interdisciplinary reports are regularly prepared from which the future effort is planned, reconciled and evaluated in cooperation with the family. A systematic, coordinated and structured approach ensures that the family is involved as cooperation partner without them having coordination responsibility.

## **Our goal**

Our overall goal is to maintain or increase the child's and family's quality of life. This we do by contributing to promote the child's and family's opportunities and resources to achieve as independent and meaningful life as possible. The effort is therefore tailored with basis in the family's and child's needs.

## **This entails:**

- Flexible offers and courses – where professionals approach to test, examinations and treatment takes basis in the child's and the family's current situation.
- Education about brain injuries by experts of the child, the family, specialists and other people in the child's network
- Offer of long-term support for the child, the family and the network.
- Use of newest knowledge from research.

## First contact with the center

After referral from municipality, own doctor or the family arranged a conversation with the family either by telephone or at a meeting. Subsequently, case files are obtained.

On basis of the above, an offer is made to the municipality. After authorization and examination the intervention is tailored further.

## The offer

Dependent of the family's need, the offer can contain one or several activities:

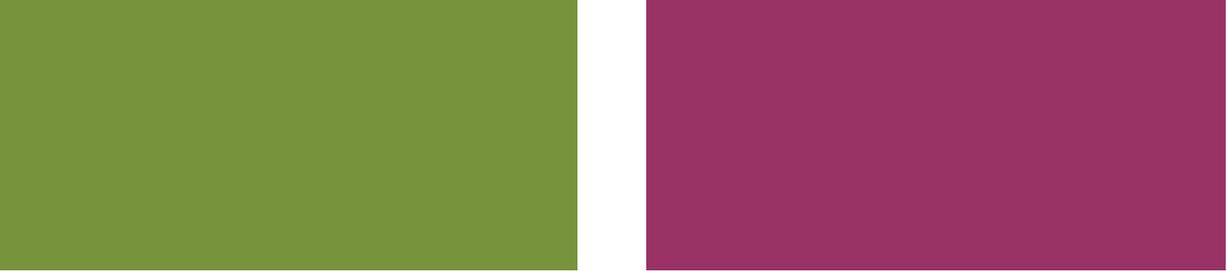
**Examinations/evaluations:** for example, a subject specific neuro psychological or interdisciplinary examination, conversations with parents, teachers, pedagogics or observation in day-care center/school.

**Rehabilitation:** cognitive training for example of memory and attention, social skills training, audio logo pedagogical training, specially organized school courses.

You have done super nice work in regards to Anne and her family. I know that it has been a tremendous assurance for the parents to have had opportunity to benefit from your professionalism both in direct relation to Anne and as guidance/counselling to them.

Case worker





You talk to me like I am normal, everyone else just talks about, what they have decided for me.

17 year-old boy

**Guidance/counselling:** for example conversations with the child, the parents and/or the whole family, guidance for day-care institutions/school, help to choose upcoming institution/school and after school.

**Education:** education to the family, day-care institution/school and network about the child's injury.

### **During the course**

There is regular planning and evaluation meetings, where all involved discusses the effect of the effort. Efforts and goals are thus regularly reconciled and adjusted.

### **Completion**

Rehabilitation is ended with a meeting between the parents, the child's day-care institution/school, the municipality and Center for Brain injury.

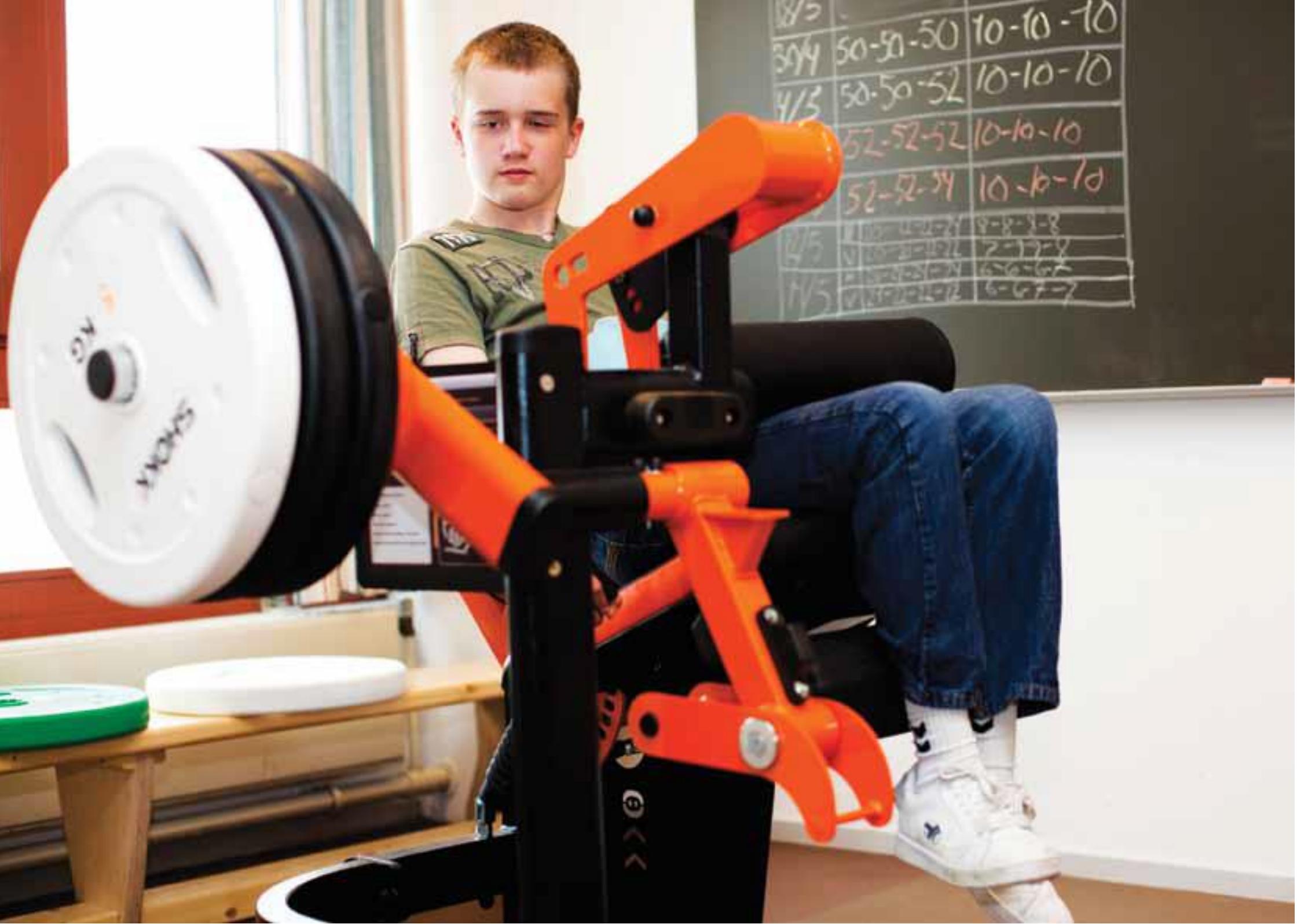
At the meeting, the final report's content and recommendations for the future is reviewed.

### **Center for Brain Injury and the department for children and youths with acquired brain injury**

Center for brain injury constantly seeks to understand the brain injury impact of the physical, psychological, neurological, emotional and social functions.

In the department for children and youths with acquired brain injury, we combine experiences from the daily family centred work with focused research and cooperation with other organizations.

Center for Brain injury seeks to be a competence center within cognitive and physical rehabilitation after a brain injury for benefit of the individual user and the society in general.



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4/5	6-6-6-6	6-6-6-6
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## Contact

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