

## Open Dialogue

### Target-group

Citizens with first-time psychoses who come into contact with the psychiatrist. At the moment the National Board of Social Services tests "Open Dialogue" in a municipal psycho social context towards citizens with schizophrenic disorders. This Danish testing of Open Dialogue in Denmark is thus not aimed at citizens with first time psychoses, but on the other hand citizens, who already have a schizophrenia diagnosis. Open dialogue is used several places in Denmark in relation to youths with schizophrenia diagnosis. Open Dialogue is used several places in Denmark in regards to youths with schizophrenia within the children and youth psychiatry and adults with severe mental disorders in the municipal psycho social offers.

### Method

Open dialogue is a network oriented, holistic approach, which involves relevant professionals and private network in connection to the situation of the citizen. The approach is based on seven principles for quick and simultaneous effort in regards to the citizen and their network. Inclusion of the networks happen based on the wish of the citizen. As one of the basics of Open Dialogue, all statements weigh equal, and role of the professional is not to seek solutions, but to give a professional perspective that can supplement the citizen's own and the rest of the network's perspectives.

### Implementation

In Danish context Open Dialogue is implemented a number of places within the municipal and regional psycho social effort. Among others Odsherred and Kolding municipalities as well as the district psychiatrist in Augustenborg, Kolding and Helsingør work with Open dialogue.

Read the evaluation of five municipalities testing the approach Open Dialogue in regards to citizens with severe mental disorders:

'The quality in the municipal effort towards citizens with severe mental disorders – Open dialogue'

### Effect

A less quasi experimental Open Dialogue compared to traditional effort in Finland has been conducted. The results from here show that those who received Open Dialogue to a lesser degree received a public service, as well as there were less hospitalisation days

### Economy

Currently there exists no valid economic data basis.

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## Contact

Finn Blickfeldt Juliussen

Special consultant

Phone: 41 73 08 10

[fju@socialstyrelsen.dk](mailto:fju@socialstyrelsen.dk)

Implementation support

Get support for implementation of Open Dialogue